

## Lake George Tri - Saturday

<b>Wave</b>	<b>Color</b>	<b>Groups</b>
1	Yellow	NECTC
2	Blue	Males 39 and under
3	Neon Green	Males 40-54
4	Neon Yellow	Males 55 and over Clydesdales
5	Blue	Females 39 and under
6	Pink	Females 40-54
7	Neon Yellow	Females 55 and over Athenas Relays