

**FLASHLIGHT 5K
5K**

Clc	Plc	Bib	Name	Location	Time	Laps	Pace
OVERALL FEMALE							
1	6	300	SMITH, CONNIE		:24:14.8	1	: 7:49
OVERALL MALE							
1	1	291	PIESNILCOLSIE, STEPHEN		:19:49.7	1	: 6:23
FEMALE 1-9							
1	66	292	JOHNSTON, LAYLA		:38:51.5	1	:12:32
2	91	393	FRONHOFER, SHELBY		:50:25.2	1	:16:15
MALE 1-9							
1	14	367	NAATZ, KURTIS	NY QUEENSBURY	:27:30.9	1	: 8:52
2	32	287	PORTER, CAMERON		:30:18.2	1	: 9:46
3	60	280	OKEEFE, GRANT		:38:47.4	1	:12:30
4	79	392	FRONHOFER, MAX		:41:04.4	1	:13:14
FEMALE 10-14							
1	10	394	AVERY, CLARA		:26:42.5	1	: 8:36
2	11	278	RATH, MIA		:26:55.2	1	: 8:41
3	19	274	YOUNG, VICTORIA		:27:48.9	1	: 8:58
4	20	275	HOGAN, TESSA		:27:49.8	1	: 8:58
5	26	358	LIEBERTH, CAROLINE	NY GLENS FALLS	:29:25.1	1	: 9:29
6	43	397	CAPROOD, EMMA		:33:14.2	1	:10:43
7	58	399	TENNYSON, VALERIE		:38:46.0	1	:12:30
8	59	328	BEAROR, MCKENNA	NY QUEENSBURY	:38:46.9	1	:12:30
9	65	327	BEAROR, ANNA	NY QUEENSBURY	:38:51.0	1	:12:31
10	70	398	CROSSMAN, HAZEL		:39:04.4	1	:12:36
11	72	390	WALKER, RYLAN	NY SARATOGA SPRINGS	:39:24.0	1	:12:42
12	84	293	JOHNSTON, MAYA		:44:18.0	1	:14:17
MALE 10-14							
1	2	277	RATH, JACK		:20:56.9	1	: 6:45
2	17	376	REVELL, JACOB	NY SOUTH GLENS FALLS	:27:37.5	1	: 8:54
3	22	359	LIEBERTH, KATHERINE	NY GLENS FALLS	:28:26.3	1	: 9:10
4	37	366	NAATZ, KAYDEN	NY QUEENSBURY	:32:16.8	1	:10:24

Cls	Plc	Plc	Bib	Name	Location	Time	Laps	Pace
				MALE 10-14				
	5	46	323	ALEVA, ALEC	NY GLENS FALLS	:33:56.0	1	:10:56
	6	51	371	OSAKOWICZ, DOMINIC	NY SOUTH GLENS FALLS	:35:02.1	1	:11:18
	7	62	282	SNOW, SEAMUS		:38:48.4	1	:12:31
	8	63	288	WALTON, DAVID		:38:49.3	1	:12:31
	9	64	290	FORD, AIDAN		:38:50.3	1	:12:31
	10	92	285	CAIMANO, ROSS		:53:08.7	1	:17:08
				FEMALE 15-19				
	1	9	298	SLIMMER, BRIANNA		:26:32.3	1	: 8:33
	2	18	347	HOUSER, ALEXIS	NY JOHNSTOWN	:27:45.5	1	: 8:57
	3	45	396	CAPROOD, ISABEL		:33:31.3	1	:10:48
	4	67	283	SWAN-SCOTT, WILLOW		:38:52.3	1	:12:32
				MALE 15-19				
	1	5	299	SLIMMER, JERRY		:24:07.4	1	: 7:46
	2	16	365	MUSSEN, BRYCE	NY SOUTH GLENS FALLS	:27:33.0	1	: 8:53
	3	44	355	LAPANN, RYAN	NY QUEENSBURY	:33:14.9	1	:10:43
	4	61	329	BEAROR, THEODORE	NY QUEENSBURY	:38:47.9	1	:12:30
				FEMALE 20-29				
	1	23	379	SERY, ABI	NY QUEENSBURY	:28:39.3	1	: 9:14
	2	27	357	LEWIS, KATIE	NY NORTH CREEK	:29:38.4	1	: 9:33
	3	31	388	TRACY, JESSICA	NY QUEENSBURY	:30:15.1	1	: 9:45
	4	34	381	SMITH, EMILY	NY GLENS FALLS	:31:12.6	1	:10:04
	5	35	391	WALKER, TAYLOR	NY SOUTH GLENS FALLS	:31:13.7	1	:10:04
	6	49	341	FLEWELLING, JADE	NY HUDSON FALLS	:34:32.1	1	:11:08
	7	74	336	COOK, CAITLIN	NY GLENS FALLS	:40:03.3	1	:12:55
				MALE 20-29				
	1	4	325	AUFFREDOU, GREGORY	NY QUEENSBURY	:23:45.8	1	: 7:39
	2	41	389	TRACY, MICHAEL	NY QUEENSBURY	:32:50.8	1	:10:35
				FEMALE 30-39				
	1	48	356	LAVIN, JESSICA	NY GRANVILLE	:34:14.3	1	:11:02
	2	53	350	KILLENBERGER, MEGAN	NY HOOSICK FALLS	:35:29.6	1	:11:26
	3	69	344	HADDEN, MICHELLE	NY GANSEVOORT	:38:54.3	1	:12:33

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FEMALE 30-39								
	4	76	332	BROWN, COLBY	NY LAKE GEORGE	:40:07.7	1	:12:56
	5	85	294	JOHNSTON, BROOKE		:44:19.8	1	:14:18
MALE 30-39								
	1	8	289	RIPLEY, BART		:25:25.9	1	: 8:12
	2	24	338	DEMERS, DAVID	VA ALEXANDRIA	:28:51.6	1	: 9:18
	3	33	349	KILLENBERGER, JEFFREY	NY HOOSICK FALLS	:30:34.2	1	: 9:51
FEMALE 40-49								
	1	12	351	LABOMBARD, JANE	NY GLENS FALLS	:27:01.0	1	: 8:42
	2	28	333	CHRISTIE, MICHELLE	NY GLENS FALLS	:29:39.7	1	: 9:34
	3	36	375	REED, MELISSA	NY QUEENSBURY	:32:13.0	1	:10:23
	4	39	370	OLMSTEAD, KRISTIN	NY HUDSON FALLS	:32:25.4	1	:10:27
	5	40	334	CILAURO, LORRAINE	NY GLENS FALLS	:32:33.1	1	:10:30
	6	47	324	ALEVA, MICHELLE	NY GLENS FALLS	:33:57.4	1	:10:57
	7	50	364	MURRAY, TINA	NY QUEENSBURY	:34:36.8	1	:11:09
	8	54	383	ST JOHN, ELIZABETH	NY HUDSON FALLS	:35:31.1	1	:11:27
	9	68	369	OCONNELL, LIZZY	NY HUDSON FALLS	:38:53.1	1	:12:32
	10	86	400	TENNYSON, BRANDY		:44:24.1	1	:14:19
	11	87	362	MOSES, PAIGE	NY GLENS FALLS	:46:01.4	1	:14:50
	12	88	326	BAGNESCHI, MARIA	NY TICONDEROGA	:47:59.9	1	:15:29
MALE 40-49								
	1	15	276	PISANI, BEN		:27:32.7	1	: 8:53
	2	25	363	MURRAY, ADAM	NY QUEENSBURY	:29:13.0	1	: 9:25
	3	38	374	RAIMO, GENO	NY HUDSON FALLS	:32:23.1	1	:10:26
	4	71	281	OKEEFE, PATRICK		:39:14.8	1	:12:39
	5	75	337	COOK, JOHN	NY GLENS FALLS	:40:04.7	1	:12:55
	6	89	361	LIEBERTH, MICHAEL	NY GLENS FALLS	:48:07.9	1	:15:31
FEMALE 50-59								
	1	7	295	KEELY, SUSAN		:25:10.9	1	: 8:07
	2	78	297	PIESNIKSUSKI, LYNN		:40:14.5	1	:12:58
	3	81	330	BISHOP, MAUREEN	NY GRANVILLE	:41:28.9	1	:13:22
	4	82	352	LAFOUNTAIN, BARBARA	NY FORT EDWARD	:42:41.8	1	:13:46
	5	93	335	COMSTOCK, TRUDDIE	NY QUEENSBURY	:59:44.7	1	:19:16
	6	94	279	HALL-BROWN, IRIS		:59:45.8	1	:19:16
MALE 50-59								

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MALE 50-59							
1	3	354	LAMANDO, NICK	NY QUEENSBURY	:23:33.3	1	: 7:35
2	30	286	LASHWAY, KEITH		:30:11.9	1	: 9:44
3	42	331	BISHOP, WALTER	NY GRANVILLE	:32:53.0	1	:10:36
4	52	436	SAX, STEVEN		:35:19.9	1	:11:23
5	55	346	HOBBS, GARY	NY GLENS FALLS	:36:48.0	1	:11:52
6	73	296	DECKER, MARK		:39:32.1	1	:12:45
7	83	353	LAFOUNTAIN, ROBERT	NY FORT EDWARD	:42:45.3	1	:13:47
8	95	339	DENINO, ROCKY	NY GLENS FALLS	:59:46.9	1	:19:17
FEMALE 60-69							
1	56	384	STONE, MICHELLE	NY QUEENSBURY	:37:10.5	1	:11:59
2	57	342	GARZONE, CATHY	NY QUEENSBURY	:38:37.7	1	:12:27
3	77	348	JONES, MARGARET	NY KATTSKILL BAY	:40:11.0	1	:12:57
4	80	373	PIERCE, SUE	NY HUDSON FALLS	:41:11.9	1	:13:17
5	90	380	SINCLAIR, ZEE	NY QUEENSBURY	:49:39.8	1	:16:01
MALE 60-69							
1	13	377	ROZELL, MICHAEL	NY QUEENSBURY	:27:29.2	1	: 8:52
2	21	435	SCHACHNER, MARK		:27:53.5	1	: 8:59
MALE 70-79							
1	29	340	ELDER, WILLIAM	NY GANSEVOORT	:29:49.0	1	: 9:37