

## Lake George Tri - Saturday

Wave	Color	Groups
1	Silver	NECTC Males
2	Gold	NECTC Females
3	Blue	Males 25-39
4	Yellow	Clydesdales Males 40-49
5	Green	Males 24 and under Males 50 and over
6	Pink	Athena Females 39 and under
7	Green	Females 40 and over
8	White	Relays

## Big George Tri - Sunday

Wave	Color	Groups
1	White	Males 39 and under
2	Blue	Clydesdales Males 40-49
3	Gold	Males 50 and over Relays
4	Pink	Athena Females 39 and under
5	Yellow	Females 40 and over