

## Flashlight 5K Lake George - 9/20/2014

Lake George  
Rankings

## Event 1 Mixed 99 &amp; Under 5k Run RR

Name	Age Team	Avg Mile	Finals	Points
9 & Under Results - Women 5000 Run				
1 #33 Crossman, Hazel	W9 Unattached	10:01.8	31:09.68	
2 #188 Pirozzolo, Ava	W9 Unattached	10:30.8	32:39.63	
3 #244 Fairbanks, Jerusha	W7 Unattached	11:32.0	35:49.85	
4 #47 Endieveri, Gianna	W8 Unattached	11:46.7	36:35.43	
5 #107 Mctiernan, Frances	W8 Unattached	11:47.0	36:36.56	
6 #156 Tallon, Mae	W8 Unattached	11:47.7	36:38.66	
7 #102 Lunt, CJ	W8 Unattached	11:47.9	36:39.07	
8 #199 Russell, Grace	W8 Unattached	11:55.9	37:04.02	
9 #178 Swan-Scott, Rowan	W9 Unattached	11:59.6	37:15.45	
10 #22 Bush, Courtney	W6 Unattached	13:32.5	42:04.24	
11 #116 Moynihan, Nora	W8 Unattached	14:05.4	43:46.30	
12 #184 Fenton, Grace	W9 Unattached	14:52.0	46:11.26	
10-14 Results - Women 5000 Run				
1 #228 Mannix, Julia	W14 Unattached	8:02.6	24:59.34	
2 #171 McAvey, Sophia	W12 Unattached	8:06.6	25:11.64	
3 #6 Bearor, Anna	W10 Unattached	8:41.5	27:00.11	
4 #71 Giumarra, Natalie	W12 Unattached	9:00.2	27:58.31	
5 #223 Potter, Kylie	W11 Unattached	9:01.6	28:02.40	
6 #103 Lunt, Emily	W11 Unattached	9:23.8	29:11.59	
7 #214 Skiba, Julia	W10 Unattached	9:49.0	30:29.80	
8 #217 Skiba, Gabrielle	W12 Unattached	9:49.2	30:30.29	
9 #179 Wolstitch, Kacie	W11 Unattached	9:50.0	30:32.91	
10 #12 Berkhout, Lillie	W13 Unattached	9:50.1	30:33.28	
11 #212 Shryse, Olivia	W11 Unattached	10:25.6	32:23.53	
12 #189 Gohn, Grace	W12 Unattached	10:30.6	32:38.97	
13 #81 Harrington, Cailin	W12 Unattached	10:49.8	33:38.56	
14 #232 Preatt, Madelyn	W14 Unattached	11:00.4	34:11.63	
15 #63 Geczy, Meghan	W12 Unattached	11:32.7	35:51.95	
16 #177 Swan-Scott, Willow	W13 Unattached	11:32.8	35:52.25	
17 #2 Adeson, Elliana	W12 Unattached	11:32.9	35:52.49	
18 #169 Rath, Reagan	W12 Unattached	11:40.7	36:16.71	
19 #170 Wyman, Delaney	W12 Unattached	11:40.9	36:17.42	
20 #221 Brodt, Reilly	W10 Unattached	11:55.7	37:03.38	
21 #226 Mannix, Kristina	W10 Unattached	11:55.8	37:03.76	
22 #210 Inzerilli, Samara	W10 Unattached	12:23.4	38:29.65	
23 #211 Hunt, Mackenzie	W11 Unattached	12:23.5	38:29.91	
24 #240 Connelly, Reese	W11 Unattached	12:53.3	40:02.34	
25 #40 DeAmelia, Nayana	W11 Unattached	12:53.3	40:02.56	
26 #79 Hamell, Abby	W11 Unattached	13:18.0	41:19.27	
27 #151 Snyder, Sydney	W11 Unattached	13:18.2	41:19.73	
28 #122 Otto, Emma	W10 Unattached	15:17.1	47:29.25	
15-19 Results - Women 5000 Run				
1 #161 Towers, Marissa	W15 Unattached	7:42.7	23:57.44	
2 #229 Kenyon, Laura	W15 Unattached	8:02.5	24:58.94	
3 #225 Goodwin, Megan	W15 Unattached	8:33.8	26:36.03	
4 #150 Sherras, Emily	W18 Unattached	9:11.2	28:32.37	
5 #11 Berkhout, Carling	W17 Unattached	9:11.4	28:33.02	
6 #183 Gillingham, Lindsay	W18 Unattached	9:32.8	29:39.44	
7 #175 Huges, Rebecca	W18 Unattached	10:10.1	31:35.39	
8 #61 Gavin, Zoe	W15 Unattached	11:00.5	34:11.94	
9 #205 Becker, Morgan	W15 Unattached	11:00.6	34:12.24	
10 #24 Bush, Sarah	W15 Unattached	13:32.7	42:04.84	

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## 20-29 Results - Women 5000 Run

1	#43 Desalvatore, Chelse	W28	Unattached	8:14.5	25:36.13
2	#246 Agnew, Jessica	W25	Unattached	8:28.2	26:18.83
3	#245 Hill, Sarah	W24	Unattached	8:41.9	27:01.44
4	#155 Swan, Lindsay	W28	Unattached	8:48.0	27:20.45
5	#75 Grace, Heather	W28	Unattached	9:55.8	30:51.07
6	#29 Cleary, Meaghan	W29	Unattached	10:39.5	33:06.73
7	#35 Darius, Lisa	W28	Unattached	11:01.9	34:16.28
8	#77 Hahn, Courtney	W24	Unattached	11:20.5	35:14.02
9	#49 English-Estler, Lau	W27	Unattached	11:35.6	36:00.91
10	#247 Geidel, Brittany	W27	Unattached	12:36.8	39:11.19
11	#142 Sander, Amanda	W21	Unattached	13:49.1	42:55.89

## 30-39 Results - Women 5000 Run

1	#158 Thomas, Kerri	W38	Unattached	6:47.9	21:07.14
2	#93 Laflamme, Melanie	W30	Unattached	7:22.4	22:54.34
3	#70 Giumarra, Kerry	W36	Unattached	7:22.5	22:54.77
4	#215 Jett, Heather	W36	Unattached	7:26.6	23:07.48
5	#197 Canale, Jennifer	W36	Unattached	8:41.6	27:00.37
6	#7 Bearor, Jamie	W37	Unattached	8:41.8	27:01.07
7	#148 Schwenker, Kate	W31	Unattached	8:53.6	27:37.75
8	#37 Davis, Courtney	W34	Unattached	8:54.7	27:41.23
9	#130 Pomainville, Julie	W37	Unattached	9:12.1	28:35.10
10	#69 gilligan, haley	W37	Unattached	9:14.1	28:41.33
11	#27 Carner, Shannon	W36	Unattached	9:18.7	28:55.73
12	#141 Ryerson, Danielle	W35	Unattached	9:18.8	28:56.00
13	#54 French, Kristine	W36	Unattached	9:43.4	30:12.31
14	#124 Park, MaryBeth	W32	Unattached	9:43.4	30:12.55
15	#201 Anatriello, Valerie	W35	Unattached	9:48.8	30:29.33
16	#180 Morgan, Brooke	W38	Unattached	9:49.3	30:30.85
17	#100 LeMay, Krista	W34	Unattached	10:03.9	31:16.09
18	#38 Dawes, JoAnn	W37	Unattached	10:04.8	31:19.00
19	#90 Kenyon, Leigh	W31	Unattached	10:18.8	32:02.51
20	#84 Hermey, Rebecca	W39	Unattached	10:20.3	32:07.17
21	#30 Clinton, Jackie	W37	Unattached	10:30.0	32:37.35
22	#51 Fairbanks, Brenda	W36	Unattached	10:33.7	32:48.57
23	#117 Nowc, Moira	W33	Unattached	10:39.6	33:07.06
24	#186 StJohn, Melissa	W38	Unattached	10:53.6	33:50.43
25	#128 Pleat, Tara	W37	Unattached	11:12.0	34:47.74
26	#118 Nye, Jennifer	W38	Unattached	11:19.5	35:11.03
27	#136 Raynsford, Darlene	W39	Unattached	11:22.0	35:18.79
28	#113 Moss, Kim	W32	Unattached	11:30.5	35:45.30
29	#89 Horowitz, Liz	W33	Unattached	11:44.8	36:29.47
30	#48 endieveri, laura	W38	Unattached	11:49.1	36:43.00
31	#135 Raymond, Erin	W32	Unattached	11:56.0	37:04.26
32	#129 Podnorszki, Tracy	W39	Unattached	11:56.1	37:04.56
33	#176 Swan-Scott, Dennie	W39	Unattached	11:59.7	37:15.77
34	#231 Pratt, Erin	W37	Unattached	12:27.8	38:43.16
35	#248 Henel, Kristine	W31	Unattached	12:37.0	39:11.64
36	#106 McKirryher, Tara	W31	Unattached	13:33.4	42:07.00
37	#66 Gille, Angela	W39	Unattached	13:36.3	42:16.11
38	#185 Fenton, Erica	W35	Unattached	14:51.5	46:09.60

## 40-49 Results - Women 5000 Run

1	#74 gow, chris	W40	Unattached	7:24.0	22:59.31
2	#62 Geczy, Colleen	W44	Unattached	7:44.4	24:02.70
3	#46 Eisler, Kim	W47	Unattached	8:06.8	25:12.35

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4	#96 lamere, erica	W41	Unattached	8:25.2	26:09.46
5	#119 Olmstead, Kristin	W42	Unattached	8:35.3	26:40.84
6	#9 Bentley, Karen	W42	Unattached	8:35.8	26:42.41
7	#21 Burkhardt, Melinda	W41	Unattached	8:54.4	27:40.31
8	#73 Goertzen, Danielle	W40	Unattached	9:12.2	28:35.57
9	#194 Tarana, Robin	W43	Unattached	9:14.2	28:41.79
10	#5 Ball, Christine	W40	Unattached	9:15.0	28:44.29
11	#182 Gillingham, Beth	W41	Unattached	9:32.5	29:38.42
12	#230 Rath, Rheanne	W43	Unattached	9:36.8	29:51.91
13	#138 Rhodes, Christine	W46	Unattached	9:38.2	29:56.21
14	#19 Brown, Judi	W49	Unattached	9:49.5	30:31.35
15	#216 Skiba, Karen	W43	Unattached	9:49.7	30:32.11
16	#76 Hageman, Deedee	W49	Unattached	9:51.7	30:38.27
17	#167 Watkins, Kerry	W40	Unattached	9:53.4	30:43.33
18	#41 DeCianni-Brown, Ani	W48	Unattached	9:56.0	30:51.56
19	#56 Fry, Melinda	W49	Unattached	9:57.1	30:55.13
20	#110 Monroe, Tammy	W44	Unattached	9:57.5	30:56.26
21	#174 Davey, Sheryl	W49	Unattached	10:03.5	31:14.80
22	#172 Crossman, Ann	W41	Unattached	10:04.4	31:17.76
23	#140 Rowland, Brandi	W42	Unattached	10:08.7	31:30.92
24	#166 Walton, Pamela	W46	Unattached	10:11.3	31:38.99
25	#105 Mcdonald, Lynn	W46	Unattached	10:19.4	32:04.15
26	#163 Waldek, Jennifer	W46	Unattached	10:21.6	32:11.14
27	#153 Strobe, Karen	W43	Unattached	10:26.6	32:26.67
28	#160 Todd, Gail	W44	Unattached	10:27.0	32:27.72
29	#191 Pirozzolo, Julie	W40	Unattached	10:31.1	32:40.52
30	#82 Harrington, Erin	W43	Unattached	10:50.2	33:40.07
31	#78 Hahn, She	W46	Unattached	11:20.3	35:13.57
32	#208 Wishart, Brenda	W42	Unattached	11:21.2	35:16.35
33	#157 Tallon, Trista	W41	Unattached	11:49.2	36:43.32
34	#224 Mannix, Sara	W48	Unattached	11:56.2	37:05.02
35	#32 Crisino, Melanie	W40	Unattached	12:00.5	37:18.36
36	#16 Bishop, Maureen	W47	Unattached	12:27.0	38:40.72
37	#204 Becker, Cindy	W42	Unattached	12:27.6	38:42.64
38	#233 VanDeloo, Elaine	W42	Unattached	12:28.1	38:43.98
39	#23 Bush, Janice	W40	Unattached	13:32.6	42:04.50
40	#26 Carmen, Joeann	W47	Unattached	13:48.2	42:53.12
41	#115 Moynihan, Melissa	W44	Unattached	14:05.7	43:47.31
42	#109 Miller, RoseMarie	W47	Unattached	15:13.6	47:18.41
43	#123 Otto, Sarah	W45	Unattached	15:17.2	47:29.63
44	#144 Sander, Eustacia	W47	Unattached	16:30.6	51:17.58
45	#152 Steciuk, Maureen	W47	Unattached	16:31.0	51:18.70
50-59 Results - Women 5000 Run					
1	#121 Oneill, Genevieve	W54	Unattached	9:03.2	28:07.58
2	#162 Vanderzyden, Chris	W50	Unattached	9:51.3	30:36.94
3	#1 Ackley, Colleen	W50	Unattached	10:03.1	31:13.65
4	#187 Dziebra, Catherine	W57	Unattached	10:15.7	31:52.65
5	#196 DeMayo, Donna	W54	Unattached	10:15.8	31:53.05
6	#87 Holmes, Tracey	W50	Unattached	10:18.3	32:00.93
7	#4 Backe, Becky V	W51	Unattached	10:20.2	32:06.75
8	#18 Biss, Lynette M	W57	Unattached	10:31.6	32:42.12
9	#132 Provost, Maureen	W56	Unattached	10:52.4	33:46.75
10	#34 Custodio, Tracy	W50	Unattached	10:54.2	33:52.50
11	#125 Pellerin, Clara	W55	Unattached	10:54.5	33:53.45
12	#97 Landwehr, Linda	W56	Unattached	11:45.0	36:30.18

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...Event 1 Mixed 99 & Under 5k Run RR					
13	#59	Gavin, Priscilla	W52	Unattached	12:26.8 38:40.14
14	#55	Friedman, Heidi	W51	Unattached	12:44.7 39:35.75
60-69 Results - Women 5000 Run					
1	#127	Pierce, Sue	W60	Unattached	15:50.0 49:11.29
2	#83	Haynes, Kyle	W62	Unattached	15:50.4 49:12.71
9 & Under Results - Men 5000 Run					
1	#168	Rath, Carson	M9	Unattached	9:18.0 28:53.43
2	#80	Harrington, Aidan	M9	Unattached	9:23.9 29:11.82
3	#190	Pirozzolo, Sullivan	M7	Unattached	14:30.0 45:02.86
10-14 Results - Men 5000 Run					
1	#8	Bearor, TJ	M12	Unattached	7:06.5 22:05.01
2	#234	VanDeloo, Joshua	M12	Unattached	7:53.7 24:31.49
3	#86	Hill, Ryan	M14	Unattached	8:21.1 25:56.83
4	#220	Brown, Zachary	M13	Unattached	8:39.1 26:52.72
5	#181	Caimano, Ross	M11	Unattached	8:42.8 27:04.08
6	#227	Wildermath, Matthew	M11	Unattached	9:11.6 28:33.68
7	#219	Brown, Nick	M11	Unattached	9:13.8 28:40.42
8	#164	Walton, David	M10	Unattached	9:14.4 28:42.35
9	#222	Mannix, Sean	M11	Unattached	9:42.1 30:08.26
10	#45	Eisler, Andrew	M10	Unattached	10:25.0 32:21.72
11	#67	Gille, Mike	M12	Unattached	10:48.8 33:35.65
12	#200	Russell, Patrick	M10	Unattached	11:08.2 34:36.03
13	#203	Sudsbury, Tyler	M10	Unattached	11:18.1 35:06.57
14	#213	Hunt, Keegan	M11	Unattached	15:58.4 49:37.56
15	#209	Herrold, Dylan	M11	Unattached	15:58.5 49:37.84
15-19 Results - Men 5000 Run					
1	#236	Limendoll, Jason	M17	Unattached	5:50.1 18:07.47
2	#58	Gavin, Michael	M15	Unattached	7:23.9 22:58.87
3	#193	Buckingham, Noah	M15	Unattached	8:19.1 25:50.64
4	#165	Walton, Matthew	M16	Unattached	8:33.9 26:36.34
5	#235	VanDeloo, Jared	M15	Unattached	10:17.5 31:58.23
6	#92	Kirby, Kade	M19	Unattached	10:19.2 32:03.58
20-29 Results - Men 5000 Run					
1	#301	Darfler, K0ry	M25	Unattached	7:06.3 22:04.24
2	#238	Roberts, Matthew	M23	Unattached	7:08.6 22:11.33
3	#239	Holzhauser, Timathy	M22	Unattached	7:15.4 22:32.53
4	#65	Gibbons, Bill	M23	Unattached	7:21.7 22:52.32
5	#243	Sheerer, Andrew	M23	Unattached	7:34.4 23:31.61
6	#154	Modasra, Subhash	M22	Unattached	8:38.6 26:51.24
30-39 Results - Men 5000 Run					
1	#149	Schwenker, Eric	M33	Unattached	7:27.1 23:08.98
2	#131	Porter, Greg	M34	Unattached	7:27.9 23:11.38
3	#20	Brunke, Matt	M35	Unattached	8:13.9 25:34.30
4	#53	Fleckenstein, Mark	M35	Unattached	8:14.8 25:37.21
5	#99	LeMay, Joel	M34	Unattached	8:18.9 25:50.00
6	#198	Canale, Earl	M35	Unattached	8:41.7 27:00.80
7	#202	KaBome, Aelar	M35	Unattached	9:14.8 28:43.51
8	#72	Goertzen, Brad	M39	Unattached	9:55.3 30:49.29
9	#68	Gille, Scott	M39	Unattached	10:48.7 33:35.42
10	#112	Moss, David	M35	Unattached	11:31.3 35:47.77
11	#52	Fairbanks, Dan	M36	Unattached	11:32.3 35:50.65
12	#88	Horowitz, Saul	M34	Unattached	11:45.4 36:31.53
13	#249	Henel, Alex	M31	Unattached	12:36.7 39:10.71
40-49 Results - Men 5000 Run					
1	#98	LaPlaca, Nick	M45	Unattached	6:47.2 21:05.05

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2	#159 Thomas, Timothy	M47	Unattached	6:48.7	21:09.62
3	#13 Bessette, Ron	M48	Unattached	7:13.6	22:27.10
4	#147 Scheid, Mike	M47	Unattached	7:14.5	22:29.85
5	#237 VanDeloo, James	M44	Unattached	7:24.5	23:00.72
6	#85 Hill, Jason	M44	Unattached	7:53.6	24:31.16
7	#133 Pruiksma, Paul	M47	Unattached	7:55.7	24:37.94
8	#3 Antonak, William	M43	Unattached	8:08.6	25:17.78
9	#95 Lamere, Clete	M44	Unattached	8:25.5	26:10.52
10	#91 King, Kevin	M43	Unattached	8:53.3	27:36.84
11	#242 Krogmann, Jason	M42	Unattached	9:48.5	30:28.28
12	#218 Skiba, Michael	M42	Unattached	9:49.9	30:32.57
13	#139 Rowland, Blaine	M44	Unattached	9:53.2	30:42.99
14	#137 Regenauer, Carl	M49	Unattached	9:57.4	30:55.84
15	#145 Sauter, Michael	M43	Unattached	9:58.4	30:59.06
16	#28 Chambers, David	M49	Unattached	11:20.0	35:12.60
17	#207 Wishart, Alan	M42	Unattached	11:21.5	35:17.21
18	#31 Crisino, Joseph	M44	Unattached	12:00.6	37:18.63
19	#114 Moynihan, David	M46	Unattached	14:05.8	43:47.80
20	#192 Pirozzolo, Jason	M44	Unattached	14:30.2	45:03.38
21	#108 Miller, Drew	M49	Unattached	14:30.5	45:04.41
22	#60 Gavin, Tom	M49	Unattached	18:30.0	57:28.55
50-59 Results - Men 5000 Run					
1	#94 lamando, nick	M56	Unattached	6:52.8	21:22.39
2	#146 Schachner, Mark	M59	Unattached	7:22.2	22:53.88
3	#195 Rozel, Michael	M57	Unattached	7:37.7	23:41.77
4	#14 Bingham, Robert	M50	Unattached	7:48.4	24:15.20
5	#17 Bishop, Walter	M51	Unattached	8:19.3	25:51.14
6	#104 Maguire, Michael	M59	Unattached	9:33.5	29:41.52
7	#143 Sander, Chris	M50	Unattached	13:49.7	42:57.72
60-69 Results - Men 5000 Run					
1	#101 Liotta, Joseph	M64	Unattached	7:40.0	23:49.08
2	#120 Oneill, Charles	M62	Unattached	9:03.3	28:07.87
3	#50 Etu, Tucker	M60	Unattached	11:56.3	37:05.35
70-99 Results - Men 5000 Run					
1	#300 bandit, bandit	M99	Unattached	11:18.6	35:08.24
2	#10 Berkhout, Carl	M70	Unattached	11:44.9	36:29.81
3	#241 George, Kenneith	M73	Unattached	18:31.0	57:31.59